

It's All About Jesus – Part 2: Freeing the Oppressed

Read **Matthew 8:28–34**.

- What does this passage reveal about Jesus' authority and power?
- How do the demons respond to Jesus, and what does this tell us about who He is?

2. Seeing beyond the outward appearance

Read **1 Samuel 16:7**.

“People look at the outward appearance, but the Lord looks at the heart.”

- What is the difference between how we see people and how Jesus sees them?
- Are there situations where we might be too quick to judge someone by what we can see?
- How might seeing people more like Jesus change the way we respond to them?

3. Jesus brings light into darkness

The sermon explored how spiritual darkness often remains hidden until the light of Jesus exposes it.

- What do you think it means to **walk in the light**? (See 1 John 1:5–7.)
- In what ways does Jesus bring freedom, clarity and life into our own darkness?
- Is there anything that might prevent us from allowing His light to shine into every area of our lives?

4. The noise of everyday life

The sermon described television, social media and constant entertainment as the “narcotic of everyday living.”

- What kinds of noise and distractions most easily fill our lives?
- How can these things affect our ability to be still, reflect and listen to God?
- What might it look like to create a little more space for God in our everyday routines?

5. Freedom and confidence in Christ

Read **1 John 4:4** and **Romans 8:31**.

- What encouragement do these verses offer when we feel afraid, overwhelmed or spiritually vulnerable?
- What is the difference between being aware of spiritual darkness and being afraid of it?
- How can we grow in confidence that Jesus is greater than anything that opposes us?

6. Children of light

Jesus calls His followers to be **salt and light** in the world. (Matthew 5:13–16)

- What might it mean for us to be “children of light” in our homes, workplaces and communities?
- How can our words, actions and attitudes help others see something of Jesus?